

Central Orgs.
Franchise

HCO BULLETIN OF FEBRUARY 20, AD13

ROUTINE 2 & 3 MODEL SESSION

Here is a needed revision of Goal Finder's Model Session which is cancelled herewith:

The changes are:

1. Omitting Life or Livingness Goals completely.
2. Running general O/W until PC comes back up to PRESENT TIME and not just until needle is smooth.
3. Added - Run "Since the last time I audited you" Mid Ruds if T.A. is in a higher position from the last session pc had.
4. Put Havingness after goals or gains for the session.
5. Added a note that suppress is always done repetitively, as is the Random Rud.

SESSION PRELIMINARIES

All auditing sessions have the following preliminaries done in this order.

1. Seat the pc and adjust his or her chair.
2. Clear the auditing room with "Is it alright to audit in this room?" (not metered).
3. Can squeeze "Squeeze the cans please," and note that pc registers, by the squeeze on the meter, and note the level of the pc's havingness. (Don't run hav here.)
4. Go into the session start.

ROUTINE 2 & 3 MODEL SESSION

Where the pc has been well Prepchecked and is well under auditor control, an Auditor in a Routine 2 or Routine 3 session may omit rudiments in Model Session, using only goals for session, and havingness, goals and gains at end and general O/W Mid Ruds and Random Ruds where needed in the session. This salvages about an hour's auditing time per day. Start and end of session commands are used, just no rudiments, general O/W may be found necessary on some pcs at session start in lieu of rudiments to get a cleaner needle.

This does not apply to Rudiments and Havingness Sessions or Prepcheck Sessions and Problems Intensives.

For a pc who is well smoothed out by staff auditors, then, and who is well under the goal finder's control, the following may be used, particularly with a Mark V Meter.

START OF SESSION:

Is it all right with you if I begin this session now?

START OF SESSION. (Tone 40)

Has this session started for you? If pc says "No", say again START OF SESSION. Now has this session started for you? If pc says "No", say, We will cover it in a moment.

RUDIMENTS:

What goals would you like to set for this session?

Please note that Life or Livingness goals have been omitted, as they tend to remind the pc of present time difficulties and tend to take his attention out of the session.

At this point in the session there are two actions which could be undertaken: the running of general O/W or the running of Mid Rudiments using "Since the last time I audited you".

One would run general O/W if the pc was emotionally upset at the beginning of the session or if the session did not start for the pc, the latter being simply another indication of the pc's being upset or ARC broken, but these symptoms must be present, as sometimes the session has'nt started merely because of poor Tone 40 or because the pc had something he wanted to say before the auditor started the session.

RUNNING O/W:

If it is alright with you, I am going to run a short, general process. The process is: "What have you done?", "What have you withheld?" (The process is run very permissively until the needle looks smooth and the pc is no longer emotionally disturbed.)

Where are you now on the time track?

If it is alright with you, I will continue this process until you are close to present time and then end this process. (After each command ask, "When?")

That was the last command. Is there anything you would care to ask or say before I end this process?

End of process.

RUNNING THE MID RUDIMENTS:

One would use the Middle Rudiments with, "Since the last time I audited you", if the needle was rough and if the Tone Arm was in a higher position than it was at the end of the last session.

Since the last time I audited you has anything been suppressed? (This is always done by the repetitive system.)

Since the last time I audited you, has anything been invalidated?

Since the last time I audited you, has anything been suggested?

Since the last time I audited you, is there anything you have failed to reveal?

Since the last time I audited you, is there anything you have been careful of?

(These latter four rudiments are done by fast check.)

The "In this session" Mid Ruds can be used to straighten up a session that has completely gone out of the Auditor's control, after he has gotten in the Random Rud. "On this list" Mid Ruds, particularly with a suppressed or invalidated can be used to get a pc to continue listing.

RUNNING THE RANDOM RUDIMENT:

In this session have I missed a withhold on you?

In this session is there anything I have failed to find out about you?

In this session have you thought, said or done anything I failed to find out?

In this session have I nearly found out something about you?

Any of the above versions may be used. The random rudiment is always run repetitively.

END OF SESSION:

Is it alright with you if we end off now? Is there anything you would care to ask or say before I do so?

End of

If the pc from the Auditor's observation is very agitated or upset, the Auditor would run general O/W as given above.

If the session has been an extremely difficult session with the pc having been ARC broken badly and frequently, one would get in the "In this session" Mid Ruds in order to clean up the auditing, even though the pc may now be alright.

Have you made any part of your goals for this session?

Have you made any other gains in this session that you would care to mention?

(After adjusting the meter) Please squeeze the cans.

(If the squeeze test was not alright, the Auditor would run the pc's Havingness process until the can squeeze gives an adequate response.)

Is there anything you would care to ask or say before I end this session?

Is it alright with you if I end this session now?

Here it is: END OF SESSION (Tone 40). Has this session ended for you?

(If the pc says "No", repeat END OF SESSION. If the session still has not ended say, "You will be getting more auditing." END OF SESSION. Tell me I am no longer auditing you.

Please note that Havingness is run after Goals and Gains as this tends to bring the pc more into present time and to take his attention to a degree out of the session.

(Bulletin done by Mary Sue Hubbard after we worked it out)